

Quick Reference Guide

Culturally Inclusive Support

The Needs of CALD Older People

<p>Cultural Needs</p>	<ul style="list-style-type: none"> • A preferred title, like “Aunty” or “Uncle” as a sign of respect • Staff gender preferences • Privacy considerations • Food preferences and customs • Opportunities to connect with their culture and with people who have shared experiences and worldviews
<p>Linguistic Needs</p>	<ul style="list-style-type: none"> • Interpreting or information services • Resources in their first or fluent language • Enjoying connection and humour • Opportunities for self-expression, to be understood and to communicate what is meaningful
<p>Religious Needs</p>	<ul style="list-style-type: none"> • Specific religious practices • Involvement in rituals and festivals
<p>Spiritual Needs</p>	<ul style="list-style-type: none"> • Meaningful connection • The inclusion of specific spiritual practices and rituals
<p>Psychological Needs</p>	<ul style="list-style-type: none"> • Emotional, mental and psychological distress or trauma • The need for connection within a larger multigenerational community
<p>Physiological Needs</p>	<ul style="list-style-type: none"> • Access to appropriate support services • Social inclusion • An opportunity for affection, intimacy and touch
<p>Medical Needs</p>	<ul style="list-style-type: none"> • Access to appropriate medical care • Support to make informed decisions about their care • Provision of care that respects their values, beliefs and preferences

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DISCLAIMER:

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