

Coordinator Resources

Dignity of Risk

This pack contains resources for the Altura Learning Coordinator to utilise in order to further embed the learning of the participants completing the course.

Contained in this pack are the following:

- A **training game** – This is an opportunity to have a bit of fun with the participants! It can be used as an ice breaker or as a way to engage participants after having watching the videos.
- **Essential Assessment Answers** are contained in this pack to allow you to mark the Essential Assessment with ease.

Other Learning Resources:

Altura Learning has three assessments available to test learner's knowledge or to apply what they have learned to the workplace. You will be able to download these assessments in a PDF version or they may be assessed online, depending on how you access Altura Learning.

- **Essential Assessment** – This assessment demonstrates that the learner has understood the information contained in the video.
- **Extension Assessment** – This assessment asks the learner to reflect on the subject discussed in the video. It requires short answers, which must be marked by the Coordinator.
- **Evidence Assessment** – There may be a variety of these assessments offered, depending on the subject matter of the course, but they are all designed for the learner to demonstrate that they have the skills to implement the specific care or services in the workplace.

In addition to these assessments, Altura Learning supports each course with the following resources:

- **Quick Reference Guide** – This contains key information from the course. It can be used for a toolbox talk, placed in a folder for further reading, or displayed on a staff noticeboard.
- **Course Information Sheet** – This sheet provides information about the learning outcomes, key definitions, the Subject Matter Expert is, and further resources. It is recommended that staff view this prior to commencing the course.
- **Certificate** – A certificate is issued for each course. This must be completed by the Coordinator. The hours of active learning can be recorded on the certificate for learners who are required to maintain a record of continuing professional development.
- **Poster** – A poster is available for each course.
- **Learning Guide** - This contains complementary information that is designed to support your learning, as you view the videos. You may also wish to keep it as a handy resource for the future. It also contains case scenarios to support the learner to apply what they have learned to their work environment.

Training Game: Arrow Word Puzzle

Helps to get to know the person →	C			M					T				
Central to dignity of risk ↓			Everyone is an ... of their own life ↓					It's important to read their... ↓					Everyone has the right to make their own... ↓
	A							C					D
	T												
				Dignity of risk has many... →	B				F				I
			R					P					
					Get to know a person's and preferences →	V			U				
	Y	Discussions, decisions and actions should be ... →	D			M					D		
													S
					Achieve a between duty of care and dignity of risk →	B			A		E		
Vital for dignity of risk →	R					A					M		

Answers: Communication | Documented | Benefits | Values | Autonomy | Expert | Risk Assessment | Care Plan | Balance | Decisions

Essential Assessment Answers

Video 1

1. The concept of dignity of risk centres around your right to make your own decisions, even when there is an element of risk.

True

False

2. What are the potential benefits associated with positive risk?
Tick all answers that apply.

- A. Connections to community
- B. Improved physical wellbeing
- C. Improved mental wellbeing

3. What are possible impacts of only viewing risk as negative?
Tick all answers that apply.

- A. The individual's independence is minimised
- B. Staff become risk averse (fearing risk)
- C. The individual experiences improved physical and mental wellbeing
- D. The individual's choices are controlled or removed

4. Resident Janis wants to prepare her own bowl of cereal for breakfast each morning. Staff tell Janis that she can't do this, as they are concerned that Janis might drop the bowl and spill the milk and cereal, which could create a slip hazard. The staff are only looking at the risk in this situation.

- A. Positive
- B. Negative

Video 2

5. Potential barriers to implementing dignity of risk decisions for individuals include:
Tick all answers that apply.

- A. The individual's physical limitations
- B. The individual's cognitive limitations
- C. Family who want to protect their loved ones from harm
- D. Their values and preferences

6. Staff being task-oriented and time poor can create barriers to implementing dignity of risk choices.
- True False
7. To support dignity of risk for individuals living with dementia, staff should:
Tick all answers that apply.
- A. Understand the individual's capacity to make decisions can be 'decision-specific'
 - B. Support the person to communicate their choices
 - C. Provide a safe environment for the individual to exercise choice that involves risk
8. Duty of Care involves minimising the risk of
- A. foreseeable harm
 - B. physical harm only
 - C. psychological harm only
9. Duty of care can support dignity of risk by ensuring the person is:
- A. prevented from taking any risks
 - B. always accompanied by a staff member
 - C. adequately informed of the potential risks associated with their choice
10. A challenge for staff in supporting dignity of risk can be family concerns around
- A. easing staff workloads
 - B. keeping the individual safe
 - C. protecting the organisation

Video 3

11. Getting to know the individual's values, preferences and personal history can help staff to understand why certain decisions are important to the individual.
- True False

12. The benefits of dignity of risk for staff can include:
- A. Improved relationships between staff and residents
 - B. Less focus on task-oriented care
 - C. There aren't any benefits for staff
13. You are a new staff member working in a care home. How could you get to know your residents and understand what's important to them?
- A. Take the time to talk to each individual that you care for and learn more about them
 - B. It isn't necessary, just focus on your tasks
 - C. Review your residents' care plans
14. If, after careful consideration, an individual's choice is not possible, staff should
- A. ignore the choice
 - B. consider alternatives
 - C. ignore the risks
15. Discussions about risk do not need to be documented if your organisation has relevant policies and procedures.
- True False

DISCLAIMER:

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